

3.3. Trigonometric Substitutions

Goal: Find integrals where the integrands have radical expressions in them.

Strategy: Trig Substitution

Expression	Trig Sub	Identity	
$\sqrt{a^2 - x^2}$	$x = a \sin \theta;$ $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$	$\sqrt{a^2 - a^2 \sin^2 \theta}$ $= a \sqrt{1 - \sin^2 \theta}$ $= a \cos \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta$ $-\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$	$\sqrt{a^2 + a^2 \tan^2 \theta}$ $= a \sqrt{1 + \tan^2 \theta}$ $= a \sec \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta$ $0 \leq \theta < \frac{\pi}{2}$ or $\pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$	$\sqrt{a^2 \sec^2 \theta - a^2}$ $= a \sqrt{\sec^2 \theta - 1}$ $= a \tan \theta$

→ turn the integral into an integral of trig functions.

→ evaluate this new integral

→ Use geometry & trig identities to turn the result back to x

E.g. $\int \sqrt{9-x^2} dx$

Trig sub: let $x = 3 \sin \theta$; $dx = 3 \cos \theta d\theta$

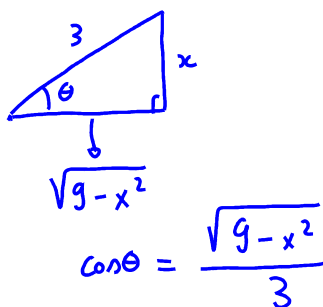
$\left(-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}\right)$

$$\begin{aligned} & \int \sqrt{9 - (3 \sin \theta)^2} \cdot 3 \cos \theta d\theta \\ &= \int \sqrt{9 - 9 \sin^2 \theta} \cdot 3 \cos \theta d\theta \\ &= \int \sqrt{9(1 - \sin^2 \theta)} \cdot 3 \cos \theta d\theta = \int \sqrt{9 \cos^2 \theta} \cdot 3 \cos \theta d\theta \\ &= 9 \int \cos^2 \theta d\theta = 9 \int \frac{1}{2} (1 + \cos(2\theta)) d\theta \\ &= \frac{9}{2} \left(\theta + \frac{1}{2} \sin(2\theta) \right) + C = \frac{9\theta}{2} + \frac{9 \sin(2\theta)}{4} + C \\ &= \frac{9\theta}{2} + \frac{9 \cdot 2 \sin \theta \cos \theta}{4} + C = \frac{9\theta}{2} + \frac{9 \sin \theta \cos \theta}{2} + C \end{aligned}$$

Recall: $x = 3 \sin \theta$

$\frac{x}{3} = \sin \theta$

$\theta = \sin^{-1}\left(\frac{x}{3}\right)$

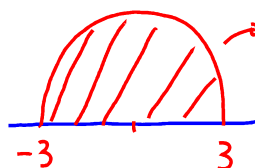


in terms of x

$$\boxed{\frac{9}{2} \cdot \sin^{-1}\left(\frac{x}{3}\right) + \frac{9}{2} \cdot \frac{x}{3} \cdot \frac{\sqrt{9-x^2}}{3} + C}$$

Trick: for definite integral:

$$\int_{-3}^3 \sqrt{9-x^2} dx$$



Area = $\frac{\pi \cdot (3)^2}{2} = \boxed{\frac{9\pi}{2}}$

graph $y = \sqrt{9-x^2}$

$y^2 = 9-x^2$

$x^2 + y^2 = 9$

Ex. $\int \frac{\sqrt{9-x^2}}{x^2} dx$; $x = 3 \sin \theta$
 $dx = 3 \cos \theta d\theta$

$$\int \frac{\sqrt{9-9\sin^2\theta}}{9\sin^2\theta} \cdot 3\cos\theta d\theta$$

$$= \int \frac{3\cos\theta}{9\sin^2\theta} \cdot 3\cos\theta d\theta = \int \frac{\cos^2\theta}{\sin^2\theta} d\theta$$

$$= \int \cot^2\theta d\theta = \int (\csc^2\theta - 1) d\theta$$

$$= -\cot\theta - \theta + C = \boxed{-\frac{\sqrt{9-x^2}}{x} - \sin^{-1}\left(\frac{x}{3}\right) + C}$$

$$\cot^2\theta + 1 = \csc^2\theta$$

$$\cot^2\theta = \csc^2\theta - 1$$

$$x = 3 \sin \theta ; \sin \theta = \frac{x}{3}$$

$$\theta = \sin^{-1}\left(\frac{x}{3}\right) \quad \cot \theta = \frac{\sqrt{9-x^2}}{x}$$



Ex.

$$\int \frac{dx}{\sqrt{4+x^2}} ; x = 2 \tan \theta ; dx = 2 \sec^2 \theta d\theta$$

$$\int \frac{2 \sec^2 \theta d\theta}{\sqrt{4+4 \tan^2 \theta}} = \int \frac{2 \sec^2 \theta d\theta}{\sqrt{4(1+\tan^2 \theta)}} = \int \frac{2 \sec^2 \theta d\theta}{\sqrt{4 \sec^2 \theta}}$$

$$= \int \frac{2 \sec^2 \theta d\theta}{2 \sec \theta} = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

$$= \boxed{\ln \left| \frac{\sqrt{x^2+4}}{2} + \frac{x}{2} \right| + C}$$

$$\begin{array}{l} x = 2 \tan \theta \\ \tan \theta = \frac{x}{2} \end{array} \quad \begin{array}{c} \sqrt{x^2+4} \\ \nearrow \\ \theta \\ \text{---} 2 \text{---} x \\ \searrow \\ \sec \theta = \frac{\sqrt{x^2+4}}{2} \end{array}$$

E.g. HW # 10

$$\int \frac{dx}{(x^2 - 36)^{3/2}} = \int \frac{dx}{(\sqrt{x^2 - 36})^3}$$

$$x = 6 \sec \theta ; \quad dx = 6 \sec \theta \tan \theta d\theta$$

$$\int \frac{6 \sec \theta \tan \theta}{(\sqrt{36 \sec^2 \theta - 36})^3} d\theta = 6 \int \frac{\sec \theta \tan \theta}{\left[\sqrt{36(\sec^2 \theta - 1)} \right]^3} d\theta$$

$$= 6 \cdot \int \frac{\sec \theta \cancel{\tan \theta}}{216 \tan^{\cancel{3}^2} \theta} d\theta = \frac{1}{36} \int \frac{\tan^2 \theta}{\sec \theta} d\theta$$

$$\frac{1}{36} \int \frac{\frac{1}{\cos \theta}}{\frac{\sin^2 \theta}{\cos^2 \theta}} d\theta = \frac{1}{36} \int \frac{1}{\cos \theta} \cdot \frac{\cos^2 \theta}{\sin^2 \theta} d\theta$$

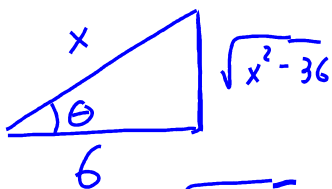
$$= \frac{1}{36} \cdot \int \frac{\cos \theta}{\sin^2 \theta} d\theta$$

$$\text{let } u = \sin \theta \\ du = \cos \theta d\theta$$

$$= \frac{1}{36} \cdot \int \frac{du}{u^2} = \frac{1}{36} \cdot \int u^{-2} du = \frac{1}{36} \cdot \frac{u^{-1}}{-1} + C$$

$$= -\frac{1}{36 u} + C = -\frac{1}{36 \sin \theta} + C$$

$$x = 6 \sec \theta ; \sec \theta = \frac{x}{6}$$



$$\sin \theta = \frac{\sqrt{x^2 - 36}}{x}$$

$$= -\frac{1}{36 \cdot \sqrt{x^2 - 36}} + C$$

$$= \boxed{-\frac{x}{36 \sqrt{x^2 - 36}} + C}$$

HW #12

$$\int \frac{1}{\sqrt{x^2 + 4x - 12}} dx$$

Completing the square:

$$\underbrace{x^2 + 4x - 12}_{} = \underbrace{x^2 + 4x + 4}_{} - \underbrace{4 - 12}_{}$$

$$= (x+2)^2 - 16$$

$$\int \frac{dx}{\sqrt{(x+2)^2 - 16}}$$

Trig sub:

$$\boxed{x+2 = 4 \sec \theta}$$

$$dx = 4 \sec \theta \tan \theta d\theta$$

$$\int \frac{4 \sec \theta \tan \theta}{\sqrt{(4 \sec \theta)^2 - 16}} d\theta$$

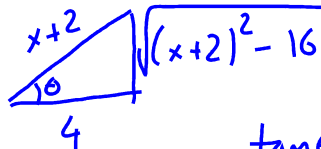
$$= 4 \int \frac{\sec \theta \tan \theta}{4 \sqrt{\sec^2 \theta - 1}} = \int \frac{\sec \theta \cancel{\tan \theta}}{4 \cancel{\tan \theta}} d\theta$$

$$= \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

$$= \ln \left| \frac{x+2}{4} + \frac{\sqrt{(x+2)^2 - 16}}{4} \right| + C$$

$$x+2 = 4 \sec \theta$$

$$\sec \theta = \frac{x+2}{4}$$



$$\tan \theta = \frac{\sqrt{(x+2)^2 - 16}}{4}$$