

5.5 - u-substitution method

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E.g. We know: $\int x^{10} dx = \frac{x^{11}}{11} + C.$

x is just a "dummy" variable.

$$\int u^{10} du = \frac{u^{11}}{11} + C.$$

Now, consider: $\int (7x + 12)^{10} dx$

Make a u -substitution:

Let $u = 7x + 12.$

Integral becomes $\int u^{10} dx$

Problem!

Need: transform dx into something in terms of u

$$\frac{du}{dx} = 7 \rightarrow du = 7dx \rightarrow dx = \frac{du}{7}$$

The original integral now becomes:

$$\int u^{10} \cdot \frac{du}{7} = \frac{1}{7} \int u^{10} du = \frac{1}{7} \cdot \frac{u^{11}}{11} + C = \frac{(7x+12)^{11}}{77} + C$$

Key idea:

Step 1: Make a choice for $u = \text{function of } x$.

(base on the form of integrand)

Step 2: Find du and solve for dx in terms of du .

Step 3: Transform the original integral to an integral in terms of u ONLY.

Step 4: Apply Basic Antiderivative formulas

(For e.g.

$$\int u^n du = \frac{u^{n+1}}{n+1} + C \quad (n \neq -1) ; \quad \int \frac{1}{u} du = \ln|u| + C$$

$$\int \sin(u) du = -\cos(u) + C ; \quad \int \cos(u) du = \sin(u) + C$$

$$\int e^u du = e^u + C ; \quad \int \frac{du}{1+u^2} = \arctan(u) + C \dots)$$

E.g. Find $\int (7x^2 + 5)^{2019} \cdot x \, dx$

Annotations: u points to $7x^2 + 5$; $\frac{du}{14x}$ points to $x \, dx$.

① $u = 7x^2 + 5$ (Choose u)

② $du = 14x \, dx$

$\rightarrow dx = \frac{du}{14x}$ (Get dx from du)

③ $\int u^{2019} \cdot \cancel{x} \cdot \frac{du}{\cancel{14x}}$ (Plug in)

$\rightarrow \frac{1}{14} \int u^{2019} du$ (integral that involves only u)

$\rightarrow \frac{1}{14} \cdot \frac{u^{2020}}{2020} + C$

$\rightarrow \frac{1}{14} \cdot \frac{(7x^2 + 5)^{2020}}{2020} + C$

2nd way of doing this:

$u = 7x^2 + 5 \rightarrow du = 14x \, dx$

$\frac{1}{14} \int \underbrace{(7x^2 + 5)}_u^{2019} \underbrace{14x \, dx}_{du} \rightarrow \frac{1}{14} \int u^{2019} du \rightarrow$

E.g. $\int x^2 \cdot \sin(x^3) dx = \frac{1}{3} \int \sin(x^3) \overset{du}{\underbrace{3x^2 dx}}$

$u = x^3 \rightarrow du = 3x^2 dx$

$\rightarrow \frac{1}{3} \int \sin(u) du = \frac{1}{3} (-\cos(u)) + C$

$= -\frac{1}{3} \cos(u) + C = -\frac{1}{3} \cos(x^3) + C.$

E.g. $\int \frac{7x}{(8-x^2)^3} dx \quad u = 8-x^2; du = -2x dx$

Answer: $\frac{7}{4(8-x^2)^2} + C.$

E.g. $\int \frac{x}{\sqrt{9-x^2}} dx \quad u = 9-x^2; du = -2x dx$

Answer: $-\sqrt{9-x^2} + C.$

More examples of u-sub.

E.g. $\int \sec^7(2x) \tan(2x) dx.$

Rewrite

$$u = \sec(2x) \quad ; \quad du = \sec(2x) \tan(2x) \cdot 2 dx$$

$$\frac{1}{2} \int \boxed{\sec^6(2x)} \boxed{\sec(2x) \tan(2x) \cdot 2 dx} \rightarrow du$$

The integral becomes:

$$\frac{1}{2} \int u^6 du = \frac{1}{2} \cdot \frac{u^7}{7} + C = \boxed{\frac{\sec^7(2x)}{14} + C}$$

E.g. $\int \cos^3(\theta) d\theta$

Rewrite

$$\text{Let } u = \sin(\theta). \quad du = \cos(\theta) d\theta$$

$$\int \boxed{\cos^2 \theta} \cdot \boxed{\cos \theta d\theta} \rightarrow du$$

$$\cos^2 \theta + \sin^2 \theta = 1 \rightarrow \cos^2 \theta = 1 - \sin^2 \theta = \boxed{1 - u^2}$$

$$\int (1 - u^2) du = u - \frac{u^3}{3} + C$$

$$= \boxed{\sin(\theta) - \frac{\sin^3(\theta)}{3} + C}$$

E.g.

$$-1 \int x(1-x)(-1dx)$$

$\rightarrow du$

$$x = 1 - u$$

(b/c $u = 1 - x$
 $\rightarrow$ isolate x)

$$\text{Let } u = 1 - x. \quad du = -1 dx$$

$$= - \int (1-u) u^{99} du$$

$$= - \int (u^{99} - u^{100}) du = - \frac{u^{100}}{100} + \frac{u^{101}}{101} + C$$

$$= - \frac{(1-x)^{100}}{100} + \frac{(1-x)^{101}}{101} + C$$

* u -substitution with definite integral.

$$\int_0^{\pi/3} \frac{\sin(x)}{\cos^3(x)} dx$$

1st method: Ignore the bounds, do the indefinite integral, get answer in terms of x , then plug in bounds into antiderivative as in F.T.C.

2nd method: Update the bounds right after we made the u -sub.

$$-\int_0^{\pi/3} \frac{-\sin(x)}{\cos^3(x)} dx$$

du

u^3

Let $u = \cos(x)$. $du = -\sin(x) dx$

Update bounds: Lower bound for x : $x = 0$

→ Lower bound for u : $u = \cos(0) = 1$

Upper bound for x : $x = \frac{\pi}{3}$

→ Upper bound for u : $u = \cos\left(\frac{\pi}{3}\right) = \frac{1}{2}$

Integral becomes

$$-\int_1^{1/2} \frac{du}{u^3} = \int_{1/2}^1 u^{-3} du = \frac{u^{-2}}{-2} \Big|_{1/2}^1$$

$$= \left(-\frac{1}{2u^2} \right) \Big|_{1/2}^1$$

$$= -\frac{1}{2} - \left(-\frac{1}{2 \cdot \left(\frac{1}{4}\right)} \right)$$

$$= -\frac{1}{2} + \frac{1}{\frac{1}{2}} = -\frac{1}{2} + 2 = \frac{3}{2}$$